



88 Blake Street Barrie, Ontario

Clinic (705) 812-2272

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Attention: Insurance Claims Department
RE: Onychomycosis Treatment

Patient: Mr. John Smith
DOB: 01/20/1950

To whom it may concern.

Your health insured client, Mr. Smith is requesting coverage for the treatment of onychomycosis and was seen at our clinic diagnosed by his family physician with onychomycosis and had been treating topically with Jublia (efinaconazole), a prescription medication used for the treatment of fungal infections of the toenails, for a period of one year without improvement. This medication is indicated for only mild to moderate cases of onychomycosis and we are recommending additional adjunctive therapies to cure this condition. Mr. Smith's condition appears to have affected his entire nail indicative of total subungual onychomycosis. During this time frame the patient's infection continued causing a variety of issues from difficulties trimming thickened nails to pain at the infection sites and could cause the development of a wound. As a diagnosed diabetic he could sustain more serious foot health complications.

Onychomycosis is a fungal infection of the toenails, or fingernails usually caused by dermatophytes, that can involve any component of the nail, including the matrix, nail bed, or nail plate. The infection can cause pain, discomfort, and disfigurement, as well as, produce serious physical and occupational limitations therefore reducing health related quality of life. Due to the nail being relatively impenetrable, it is difficult to treat. Options usually involve an oral medication that can produce liver failure, or topical medications (ineffective), however adding a systemic treatment (i.e. laser therapy) and manual debridement will increase the cure rate and prevent more serious foot health complications.

Mr. Smith was seen and assessed by Erin King (Podortho Nurse/Foot Care Specialist) who recommends proceeding with Fungal Nail Treatment as the clinic's protocol yielding a 98% curative success rate. Fungal Nail Treatment is a four-step process which includes, nail care in the clinic, laser therapy, topical prescription medication (Jublia) and home care products.

Lasers produce coherent light energy of a sufficient strength and specific wavelength, when projected across the nail bed into the tissue. It is absorbed by the targeted area, producing heat which kills the underlying fungal colony of dermatophytes. Surrounding tissue components are unaffected by the laser, therefore making it a safe and effective means for curative effect.

BREAKDOWN OF TREATMENT FEES FOR FUNGAL THERAPY (number of treatments will depend on severity of infection and response to treatment).

INITIAL TREATMENT: \$330.00 – this includes the initial consultation/foot care fee of **\$80.00**
-laser portion of treatment **\$250.00**

TREATMENT #2: \$250.00 – this includes foot care fee of **\$80.00**
-laser portion of treatment **\$194.00**

TREATMENT #3: \$160.00 – this includes foot care fee of **\$56.00**
-laser portion of treatment **\$104.00**

TREATMENT #4: \$125.00 – this includes foot care fee of **\$56.00**
-laser portion of treatment **\$69.00**

TREATMENT #5: \$100.00 – this includes foot care fee of **\$56.00**
-laser portion of treatment **\$44.00**

TREATMENT #6-10: \$85.00 – this includes foot care fee of **\$56.00**
-laser portion of treatment **\$29.00**

If you require any additional information, or if you have any further questions please do not hesitate to contact us.

Thank you.

Kind Regards,

(your credentials)

Erin King

President / Reg. Practical Nurse / Podortho Nurse Foot Specialist /Wound Specialist/Foot Care Educator

**Feet for Life Medical Foot Care Ltd.
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